



Aloha State Cup Representatives, Coaches & Team Managers-

The 2008 US Youth Soccer Far West Regional Hawaii Organizing Committee is providing this document to help your teams prepare for their participation in this year's Regional Championships. Please feel free to copy and pass on to your Champion and Wild Card teams. We will also post this information on the Region IV Website (www.regioniv.com).

On behalf of the entire organizing committee, and the Board of Directors of the Hawaii Youth Soccer Association, we wish you safe travels, and an enjoyable visit to Hawaii.

Mahalo!

Scott Keopuhiwa
President - Hawaii Youth Soccer Association
Chair - 2008 Hawaii Organizing Committee

Table of Contents

2008 US Youth Soccer Far West Regional Championships
Honolulu, Hawaii

Schedule of Events

College Coach Roster Information and Form

Team Info/Advisories

- Credentials
- Goody Bags
- Coaches Meeting
- Tents
- Field Clean-up
- Animals
- Parking
- Food & Merchandise
- Practice Fields
- Local Laundromats
- Team Photos
- Travel Survey
- Traffic Advisory

Medical/Trainer Info Services

Maps

- Field Map (posted)
- Route to the Field (posted)
- Alternative Route to the field (posted)

Schedule of Events

2008 US Youth Soccer Far West Regional Championships
Honolulu, Hawaii

<u>Date</u>	<u>Event</u>
June 1	Last Day to submit Program Rosters/Ads
June 1	Last Day to submit College Coach Roster
June 15	Credentials Check-in 8:00am @ Ala Moana Hotel (State Cup Reps ONLY!)
June 15	Pick-up Goody Bags 10:00am-2:00 pm @ Ala Moana Hotel
June 15	Pick-up Shirts and Souvenirs 10:00am-2:00pm @ Ala Moana Hotel
June 15	College Coach Check-in 10am-2pm @ Ala Moana Hotel
June 16	Bracket Play Begins
June 17	Bracket Play Continues
June 18	Bracket Play Continues
June 19	Rest Day
June 19	6pm Referee Dinner Ala Moana Beach Park – McCoy Pavillion
June 20	Quarter Finals
June 21	Semi Finals
June 22	Finals

College Coach Rosters

2008 US Youth Soccer Far West Regional Championships
Honolulu, Hawaii

The US Youth Soccer Far West Regional Championships has hosted numerous college coaches over the years. College Coaches from all over the country have, and will be at the Regional Tournament, looking for the best talent in the country. This is a tremendous opportunity for the players.

The Hawaii Youth Soccer Association and the 2008 Hawaii Organizing Committee welcomes all teams in the Under 15-Under 19 Divisions to complete and submit the College Coach Roster for inclusion in a booklet we will produce for College Coaches. We will only accept rosters for teams in the U15, U16, U17, U18 & U19 divisions.

To have your team included in this booklet, please follow these instructions.

Go to the Region IV Website (www.regioniv.com) and select the Snickers Far West Regional Tournament information section. Click on the College Coaches Roster form. Enter the requested data in the roster form, save it using your state, age group and team name, and email it to hysa@hawaii.rr.com.

ALL ROSTERS MUST BE RECEIVED BY JUNE 1, 2008 TO BE INCLUDED!

Team Info/Advisories

2008 US Youth Soccer Far West Regional Championships
Honolulu, Hawaii

CREDENTIALS: State Cup Representatives will bring their State's credentials to the Ala Moana Hotel – Hibiscus Room (2nd floor) on June 15th, 2008, at 8:00 AM. State Cup Reps will make arrangements with their teams to return paperwork before the games begin.

GOODY BAGS, PARKING PASSES, TOURNAMENT MERCHANDISE, ETC.
All of these items will be available for pickup at the Ala Moana Hotel (host hotel) – Garden Lanai (2nd floor) on June 15th, 2008 from 10:00 AM until 2:00 PM.

COACHES MEETING: THERE WILL BE NO COACHES MEETING!

TENTS/POP-UPS ON FIELD: The team area along the sidelines will include a US Youth Soccer pop-up tent for each team. No other tents/pop-ups will be allowed on the team side of the field. Only players and coaches with passes for the current game will be allowed on the team side of the field. Spectators shall occupy the other side of the field.

Each team will be provided with water and Gatorade during the game, available near the 4th official on the team side of the field.

If spectators choose to set up tents, we ask that common sense and courtesy be the rule. Field Marshals or Committee members may ask you to relocate your tent if they deem it will interfere with the games; spectators' enjoyment of the matches or tournament operations. (The best place is on the hill adjacent to the field.)

With permission from the Host Organizing Committee, State Associations may set up a tent or EZ-Up that is intended to be a gathering place for state administrators, etc. The Chair of the Host Committee will approve the location of the tent or EZ-Up which must be set up each day and taken down each evening. A new location may be approved for the semi-final and final matches.

We also ask that you be extremely careful with the tents. Waipio Peninsula Soccer Complex has underground sprinkler systems. Please watch out for sprinkler heads and proximity to underground piping when staking down tents.

FIELD CLEAN UP: Trash cans will be available at each field. If each team and their parents do their part the teams and parents of following matches will have a clean area for their games. Please do not leave bottle caps or tape (from ankles,

shoes, socks, etc.) on the ground. These things have damaged the grass mowers in the past and can be quite costly.

ANIMALS: Please leave your dogs (and for that matter, all pets at home). It's a City & County Regulation...SORRY!

PARKING:

Each team will receive Tournament Parking Passes. Additional Parking Passes will be available at the entry to the soccer complex, and at the information booth. Parking Passes will be distributed when your team picks up their goody bags at the Ala Moana Hotel on Sunday, June 15 from 10am-2pm. Team vehicles should attempt to park in the lot closest to the field they are scheduled to play on. Parking Lot 'B' and Parking Lot 'D' will be open to all vehicles WITH a parking pass. Parking Lot 'A' and Parking Lot 'C' are restricted. We strongly encourage other spectators and parents to use Parking Lot 'E'. If you go through the Parking Areas and can't find a stall, please proceed to Parking Lot 'E' immediately. DO NOT HOLD UP TRAFFIC or DOUBLE PARK WAITING FOR A STALL TO OPEN UP.

If you do not have a parking pass, you will be directed to Parking Lot 'E'. There will be a FREE Trolley, shuttling between the Parking Lots all day on Monday, Tuesday, Wednesday & Friday. There will be 1-2 trolley stops in each parking area and at the front of Lot 'C'.

Please park only in MARKED STALLS and observe all directional signs and instructions. Cars double parked, or not parked in marked stalls are subject to towing at the owners/renters expense.

Food & Merchandise Vendors:

Please plan on stopping by Parking Lot 'C'. Parking Lot 'C' will be tournament central, otherwise known as our "Tournament Village".

Things you will find in the Tournament Village:

- Tournament Souvenirs (i.e. chairs, beach mats, umbrellas, water bottles, travel mugs and much more)
- Food Vendors (tentative commitments, check the website closer to the tournament for an updated list):
 - Papa John's Pizza
 - Pepsi
 - Cook Less Hawaii
 - Planet Smoothie
 - Shave Ice
- Sponsor booths
- Kick Centers
- Adidas/Eurosport Tent
- Photographers (Action Shooters) Tent
- Score Boards
- Information/Lost & Found

PRACTICE FIELDS: Some teams have inquired about practice fields. Kapiolani Park (located at the east end of Waikiki) is the closest Park to Waikiki. Permanent goals are located on 3 fields. HYSA has reserved the soccer fields at Kapiolani Regional Park (near Waikiki) for teams participating in the Far West Regionals.

Friday, June 13th 8am – 4pm

Saturday, June 14th 8am – 6pm

Sunday, June 15th 8am – 6pm

Field #2 & #3 at Kapiolani has been reserved for scrimmages. Others, as well as the Rugby Field are open on a “first come, first served” basis. We will not reserve fields for trainings. There is lots of space available at Kapiolani Park, and there are other parks in and around Honolulu, that are available.

NO PRACTICES ARE ALLOWED AT THE WAIPIO PENINSULA SOCCER COMPLEX

Team Photos: Action Shooters will be on-sight the entire tournament taking your official team photograph. Contact them via phone, email or at their tent at the complex to request team action photos or to schedule a special picture with your team. Action Shooters will be available at Kapiolani Park (practice sight) on Saturday and Sunday to do team photos with the beautiful Diamond Head landmark behind you, or across the street on Waikiki Beach. For photos at Kapiolani Park or at the Beach, call to make an appointment. (***flyer posted on website***)

Travel Survey: Waikiki and the Island of Oahu are major tourist attractions. Recently, our city has become a sport event destination. We need to collect data to get our governmental agencies to support sports tourism and more specifically, SOCCER. To that end, HYSA and the 2008 Hawaii Organizing Committee need your help. We appreciate you taking a few minutes to complete the survey that will be distributed at Team Check-in (Goody Bag Pick Up).

Traffic Advisory: Although we live in paradise, we are not without the problems of other cities (FYI...Honolulu is the 12th largest city in the United States). Getting to the Waipio Peninsula Soccer Complex is not difficult and will normally take about 35 minutes from the hotels in Waikiki. Generally, you will be going in the opposite direction of the rush hour traffic, HOWEVER traffic can build up and change pretty quickly. Please allow extra time. We have included a couple of maps for your convenience (posted on the Region IV website). During the early morning commute, especially for the 8am

games, we recommend you use an alternate route to the complex by taking the Waikele exit (see map).

RECYCLE!

Purchased a cool drink from our concession stands? When you're done, don't throw the empty can or bottle on the ground or in the trash. The Hawaii Olympic Development Program (HOSA ODP) will be conducting a recycling project, and will be collecting those recyclables. Look for a recycling bin near you! It is good for the 'aina (land), and a great way of doing something for our environment as well as a way to make some extra money toward ODP travel.

Medical/Trainer Services

2008 US Youth Soccer Far West Regional Championships
Honolulu, Hawaii

Player safety is definitely a concern of the tournament organizing committee. First Aid services are being provided by certified high school and college athletic trainers. There will be at least six Certified Athletic Trainers in the “medical tent” (see field map) for the care of the athletes and referees.

The medical tent will open prior to the start of the first game of the day, and will remain open until the last game finishes. Athletes needing care should come to the tent at least one half hour before their warm-up is scheduled to begin. Failure to do so may cause the athlete to be rushed or even late for his/her warm-up or game.

Services that will be available are:

- Emergency first aid and injury evaluation, playing recommendations.
- Pre-game taping/padding, etc.
- Initial management of acute injuries; ice, compression.
- Physician referral when necessary. Maps/Directions will be available from the Athletic trainers.

Contact your Field Marshal if your injured athlete needs immediate care (emergency). Be selective when calling the medical personnel to the field. They need to be available for serious injuries. If you need ice/band-aids, advice, or other non-urgent care, please go to the tent.

The following are the steps the coach should take if an athletic injury occurs which needs immediate assessment or first aid:

1. Locate your Field Marshal (wearing tournament identification and carrying a radio).
2. Ask them to inform the Trainer or Medical Tent of the team jersey color, type of injury (knee, head etc.), and whether they are on the field of play or have been removed to the sideline.
3. If in doubt, do not move the athlete.
4. If they are not breathing, call 911 and then inform the Field Marshal.

Athletes with injuries **not** of an urgent nature should locate the medical tent after the game to be evaluated and treated.

Get Ready for Hawaii!

2008 US Youth Soccer Far West Regional Championships
Honolulu, Hawaii

Here are some suggestions and advice that may help prepare your athletes for the Regionals in HAWAII.

The weather is typically “hot” and “humid”. Temperatures can be in the mid 80’s to low 90’s during June/July. Plan on Pre-hydrating, hydrating during the games, and Re-hydrating after the games. Have your athletes drink more water than their thirst indicates! It’s very hard to catch up once dehydrated.

Bring ice and wet towels to the field with you. Allowing the players to wipe off and put a cold towel around their neck when they come off the field and at half time rejuvenates and keeps their core body temperature down.

At half time, serve lots of water, Gatorade or orange slices for a little “pick-me-up”.

Keep the athletes out of the sun when not playing. Find shade. Be careful about how long your athletes are in the sun watching games. Just sitting in the sun drains energy and dehydrates.

You are playing at sea level and near the water. The sun is VERY strong. Encourage your players to drink LOTS OF WATER, USE SUNSCREEN & LIP BALM. Our trade winds sometimes give a false sense of coolness.

ICE WATER will be provided at each field: Cups will also be available (as long as supplies last) Although there will be ice and water available for teams on site, players should bring their own water bottles which they can fill from the water jugs available at the fields. Ice and water will be replenished throughout the day as needed.

Trash cans will be provided at or near each of the fields. Please encourage your teams to pick up all the cups, water bottles, used tape, etc. from the area before leaving.

Unlike some of the previous venues that the Far West Regionals has visited, you don’t need to worry about snakes or scorpions at the field, but watch out for the red ants, they bite!

Medical Facilities

2008 US Youth Soccer Far West Regional Championships
Honolulu, Hawaii

Kaiser Permanente	
Honolulu 1010 Pensacola St.	808-432-2000
Moanalua Clinic 3288 Moanalua Rd	808-432-0000
Urgent Care Clinic of Waikiki 2155 Kalakaua Ave. (a walk in clinic for tourist)	808-432-2700
Kapiolani Medical Center at Pali Momi	
98-1079 Moanalua Rd. Aiea	808-486-6000
Kapiolani Medical Center for Women & Children	808-983-6000
1319 Punahou St. Honolulu	
Kuakini Medical Center	808-547-9540
347 N. Kuakini St. Honolulu	
Queen's Medical Center	808-538-9011
1301 Punchbowl St. Honolulu	
Straub Clinic & Hospital	808-522-4000
888 S. King St. Honolulu	
St. Francis Medical Center	808-547-6011
2230 Liliha St. Honolulu	
St. Francis Medical Center- West	808-678-7000
91-2141 Ft. Weaver Rd. Ewa Beach	
Wahiawa General Hospital	808-621-4230
128 Lehua St. Wahiawa	
Tripler Army Medical Center	808-433-6629
Jarrett White Rd. Honolulu (big pink bldg...can't miss it)	

Notes:

1- This list is purely for informational purposes and the facilities listed are neither recommended nor endorsed by HYSA or the Far West Regional Organizing Committee.

2- Some of these facilities may not have Emergency Rooms, please call ahead.