



2009 Region IV Girls ODP Camp

Cycle 1 – 1994 and 1995



The Cafeteria prepares for camp

Busses came rolling in to the University of Idaho full of players ready for a great week of challenging play and great learning experiences on Day 1. Excitement, hustle and bustle filled the campus as players moved into their apartment-style dorm rooms.

After everyone had settled in their dorms and had dinner, each age group attended the camp orientation. At Orientation, Region IV GODP Head Coach Platini Soaf challenged the players to strive for excellence on and off the field. After each meeting, the state teams met with their regional staff coach for a team-building exercise.

Day 2 – Games and Training Begins!



United 95 vs Utah – Day 2



1994 players listen intently to 94/95 US National Team Coach Mike Dickey during the afternoon classroom session

State teams played each other during the morning of Day 2. The weather was great for playing games – not too hot, not too cold while the competition on the field was intense. After lunch, the '94s attended a presentation from 94/95 US National Team coach Mike Dickey while the '95s were on the field training with their regional staff coaches. Then the '95s moved into the classroom for a session on goal-setting while the '94s trained on the fields.



Day 2 Invitational Game Action

After dinner, the '94 Invitational team played the Washington state team while the '95s played Oregon. After the games, there was just enough time to get ready for bed before lights out so everyone could get a good night's sleep to get ready for the next morning's games.