

Yesterday evening after lunch and down time, we departed for culture night with all of the other teams. When we got there, the opening ceremony began, and all the coaches and staff were introduced. We then began an activity that allowed all teams to interact with one another. This “game” was a form of BINGO and helped players get to know one another. After the activity was over, we all ate dinner that was prepared. We ate salad, rice, beans, chicken and a form of pastry. Next began the cultural dancing! This was very fun for everyone, even the coaches! By the end of the night, everyone was having lots of fun and joining in. Once we returned to the hotel, and received our jerseys, everyone went to bed.



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Today, everyone woke up fairly early compared to the day before, and went to breakfast; we ate the same thing as yesterday's breakfast. After breakfast, and a short meeting by the coaches, everyone went to their own rooms and prepared for the tough game we had ahead. Once we reached the fields and completed warm up, the game was at a start. We played a team that called themselves San Jose. Throughout the majority of the first half, San Jose was winning 2-0, but near the end of the half, Region IV got one in! We held that score through a little over half of the second half, only to tie up the score near the last 20 minutes! The final score of the game was 2-2. When we returned to the hotel, we immediately had lunch. After lunch, we got a chance to go to a local market close to the hotel, and pick out some food for ourselves. Then, instead of having training at the fields later that day, we had training at the pool. Here we stretched, and loosened our muscles for the next game to come. Once everyone had cleaned up from the day, all regions got a chance to gather, and watch a world cup qualifying game. Mexico beat Costa Rica 2 – 0. When then left for dinner. At dinner, we ate traditional and homemade food that was prepared for us. Next came the fun! The guides had prepared fun games for, and the all of us to play! By the end of the fun and games, everyone was exhausted, and ready to return to the hotel. On the way back, we got a chance to see the Presidents house and The United States of America Embassy. These were both very interesting to see! Once we got to the hotel after a very busy day, everyone departed for their own rooms, and went to bed!

