

Today we woke up for our third day in Costa Rica and for our first game! We headed down to breakfast and also brought our school books for a two hour study hall.



During the study hall, Coach Neil called groups up by position to discuss tactical points and game situations. After these group meetings, we met shortly with the whole team to discuss certain ideas we needed to concentrate on for the game and what we needed to look out for. We then went up to our rooms to prepare for the tough game we had ahead. We ate lunch and drove to the field.



When we reached the fields, we had an opening ceremony with Region 3 and two Costa Rica teams. We listened to the American National Anthem as well as the Costa Rica one and started warming up quickly because we only had 20 minutes until game time.



The game started off slowly and there was no score for the first 15 minutes. Then, with fast combinations and a good paced through balls we quickly penetrated their defense, got off a nice cross and executed our chance! This got our momentum going and even though this was the only goal of the half, we still combined and played quickly and ended the half on a good note.

We kept our momentum going through the start of the half and came out with a bang. We scored four great goals and kept a clean sheet, the final score being 5-0! After this, we headed back to the hotel and ate dinner. We had a relaxing night and rested up well for our game the next day.

