



2009 REGION IV 92 BOYS ODP CAMP

Day 3

Hello and welcome to hump day.....we are getting to the time in camp where the coaching staff really starts to see the mental stamina of the players in attendance. Breakfast again was delightful and set everyone up for what would be a taxing day for all.

The morning training sessions focused on defending and were short, sharp, and full of simple hints and tips that could help the teams prepare for the games in the afternoon and evening. The first game of the day saw the invite players face Utah. This game would set a trend for the middle of the day where the sun decided to kick up the temperature a few notches and make playing conditions a little harder. However, the level of play wasn't affected too much; as the players had now clearly settled out of the first day jitters and into rhythm with their teams.

Dinner was a tough one as it seemed that the popular choice of sticky rice had run out and left a lot of people wondering what to do in terms of eating!

The evening brought about player discussions for the coaching staff and administration meetings. Other than that, it was a quiet night on the campus of Linfield College, and I think the heat had gotten to all by the end of the day.

Monday's results:

Invitees 1 – 2 Utah
Nevada 1 – 1 United B
Alaska 1 – 2 United A
Oregon 1 – 0 Washington
Colorado 2 – 3 Hawaii



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Invitational Players vs UT





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Evening Games

